

NORTHERN CALIFORNIA ENTRY MEN



MONTEREY PENINSULA COLLEGE

COACHED BY DAVE STERN

<u>Race NO.</u>	<u>Name</u>	<u>Finish</u>
51	Troy Curran	2
52	Chris Bowe	5
53	David Cattanach	15
54	John Nelson	19
55	Bill Lybeer	21
56	Dan McGreal	22
57	Todd Acheson	37

WEST VALLEY COLLEGE

COACHED BY BILL CAMPBELL

61	Todd Strickland	4
62	Roy Garcia	7
63	Greg Rivera	16
64	Nelson Cottier	23
65	Frank Vasquez	44
66	Mike Geeser	48
67	Hector Barron	70

Shasta Community College

Coached by GARY LEWIS

71	Armando Gama	17
72	David Larabee	25
73	Ernie Freer	31
74	Steve White Head	54
75	Tom Winter	74
76	Terry Albertson	92
77	Ron Felter	95

CHABOT COMMUNITY COLLEGE

COACHED BY

81	Tim Davila	11
82	John Lego	30
83	Scott Savage	32
84	Keith Howard	67
85	Mike Lawrence	83
86	Keith Piscotta	84
87	Mike Elwell	93

AMERICAN RIVER COLLEGE

Coached BY AL BAETA (Senior in N-Cal)

91	Chris Allen	36
92	Ken Kuphaldt	40
93	Mike Stafford	42
94	Eric Smedberg	49
95	Bob Schmalenberger	52
96	James Price	59
97	Jeff Bailey	63

INDIVIDUAL QUALIFIERS

431	Tom Davies	1	Butte
432	James Green	3	San Jose
433	Jim LaFuente	6	San Jose
434	Paul Hoover	8	Foothill
435	Stacy VanHorn	10	Santa Rosa
436	Hugo Cibrian	12	Sequoias
446	Mark Goulet	9	Cabrillo

Individual Qualifiers

437	Jose Gurrola	13	Skyline
438	Martin Leal	14	FRESNO
439	Dean Miller	18	Sierra
440	Mike McManus	20	Delta
441	Mike Anderson	24	San Mateo
442	Bob Johnston	26	Lasson
443	Mike Mathews	27	Foothill
444	Jorge Ruiz	28	Delta
445	James Williams	29	FRESNO AIT.

NORTHERN CALIFORNIA CROSS COUNTRY CHAMPIONSHIPS

Crystal Springs: 4.197 miles

November 10, 1984

Weather: rainy, Muddy, Windy, cold, & slippery

Team Scores:

1st. MONTEREY43pts.	6th. Sierra.....174pts.
2nd. West Valley....67	8th. FRESNO.....182
3rd. Shasta.....147	9th. Skyline.....183
4th. Chabot.....159	10th. Lasson.....189
5th. American River163	11th. Sequoias....208
6th. Santa Rosa... 174	12th. Marin.....368

Place	Name	College	Time	Place	Name	College	Time
1	Davies, Tom	BC	21:15	46	Vincent, Pete	SRJC	22:37
2	Curran, Troy	MPC	21:17	47	Hall, Ken	LASS	22:38
3	Green, James	SJCC	21:23	48	Geeser, Mike	WVC	22:40
4	Strickland, Todd	WVC	21:28	49	Smedberg, Eric	ARC	22:42
5	Bowe, Chris	MPC	21:28	50	Twilleager, Doug	MC	22:43
6	LaFuente, Jim	SJCC	21:30	51	Martinez, Arnold	Hart	22:43
7	Garcia, Roy	WVC	21:33	52	Schmalenberger, Rob	ARC	22:46
8	Hoover, Paul	Foot	21:36	53	Barton, Ricky	LASS	22:46
9	Goulet, Mark	CAB	21:37	54	Whitehead, Steve	SHA	22:46
10	VanHorn, Stacy	SRJC	21:38	55	Butler, Jack	COS	22:50
11	Davila, Tim	CHA	21:41	56	Valdez, Danny	MC	22:53
12	Cibrian, Hugo	COS	21:45	57	Lillis, Todd	SRJC	22:55
13	Gurrola, Jose	SKY	21:48	58	Castro, Roy	SRJC	22:56
14	Leal, Martin	FCC	21:49	59	Price, James	ARC	22:57
15	Cattanach, David	MPC	21:51	60	Strickland, Kyle	Lass.	22:58
16	Rivera, Greg	WVC	21:53	61	Tapia, Pascual	Port	22:59
17	Gama, Armando	SHA	21:55	62	Santos, Chris	CAB	23:00
18	Miller, Dean	SIE	21:58	63	Bailey, Jeff	ARC	23:01
19	Nelson, John	MPC	21:59	64	Vandenberg, ERIC	Hart	23:02
20	McManus, Mike	Delta	22:01	65	Merryman, Luke	SKY	23:07
21	Lybeer, Bill	MPC	22:02	66	Montez, Orlando	SKY	23:08
22	McGreal, Dan	MPC	22:03	67	Howard, Keith	CHA	23:18
23	Cottier, Nelson	WVC	22:05	68	Bohn, Eric	SRJC	23:26
24	Anderson, Mike	CSM	22:07	69	Jasso, Gilbert	LASS	23:30
25	Larabee, David	SHA	22:07	70	Barron, Hector	WVC	23:31
26	Johnston, Bob	LASS	22:11	71	Blodgett, Greg	SIE	23:32
27	Matthews, Mike	Foot	22:13	72	Laukkanen, Craig	Yuba	23:32
28	Ruiz, Jorge	Delta	22:15	73	Thompson, Kelly	SKY	23:35
29	Williams, James	FCC	22:17	74	Winter, Tom	SHA	23:40
30	Lego, John	CHA	22:18	75	Shaw, John	MJC	23:48
31	Freer, Ernie	SHA	22:22	76	Lamar, Brent	COS	23:48
32	Savage, Scott	CHA	22:22	77	Tweedt, Rick	PC	23:51
33	Brown, Reggie	SIE	22:23	78	Enriquez, Angelo	CRC	23:52
34	Vanatta, Dave	SIE	22:23	79	Flores, LUCIANO	FCC	23:54
35	Urbina, Omar	SKY	22:25	80	Wood, Gary	SRJC	23:57
36	Allen, Chris	ARC	22:26	81	Rankin, Scott	SIE	23:59
37	Acheson, Todd	MPC	22:27	82	Williams, Darin	KRC	24:01
38	Calderon, Dave	COS	22:27	83	Lawrence, Mike	CHA	24:03
39	Zepata, Daniel	Hart	22:31	84	Piscotta, Keith	CHA	24:06
40	Kuphaldt, Ken	ARC	22:32	85	Lynde, Rob	SRJC	24:12
41	Kovisto, Steve	Delta	22:33	86	Brauch, Tom	MAR	24:17
42	Stafford, Mike	ARC	22:34	87	Porter, Craig	FCC	24:17
43	McCaig, Kelley	FCC	22:34	88	Pearson, Clint	RED	24:21
44	Velasquez, Frank	WVC	22:35	89	McKittrick, Brian	SKY	24:22
45	Rico, Carlo	Merr	22:36	90	Steinhauer, Greg	RCC	24:28

NORTHERN CALIFORNIA CROSS COUNTRY CHAMPIONSHIP

Place	Name	College	Time	Place	Name	College	Time
91	Blodgett, Paul	SIE	24:34	103	Castellanos, Efrain	FCC	25:51
92	Albertson, Terry	SHA	24:40	104	Wright, Mervin	LASS	25:54
93	Elwell, Mike	CHA	24:43	105	Rogneby, Cary	Napa	26:15
94	Dodge, Jerry	SIE	24:44	106	Axt, Steve	Yuba	26:22
95	Felter, Ron	SHA	24:47	107	Munton, Joe	MAR	26:30
96	Tipton, Scott	MAR	25:05	108	Arenivaz, Ricky	COS	29:08
97	Marvier, Mike	LASS	25:06	109	Farber, Gary	MAR	29:08
98	Knotek, Bob	SKY	25:10				
99	Mitchell, Rex	COS	25:20				
100	Magee, Bill	MAR	25:38				
101	Simi, Mark	MAR	25:41				
102	Harryman, Allan	Yuba	25:50				

Twelve teams plus 30 individuals were jogging around in the wind and rain on top of the hill at Crystal Springs trying to warm up and worrying about the footing on the slippery course. Only two runners fell, about 50 yards down the course; one a West Valley runner and as he started to get up someone planted a foot in his back, knocking him down again, otherwise, everyone survived the steep downhill start. Thwala of Porterville took the lead early and was leading at the mile, but he got company from a San Jose man, LaFuetne, Davis of Butte, and Troy Curran of Monterey as they reached the summit at a mile plus 200 meters.

The course was slick and the wind was blowing in their faces as they turned the inside loop going by the two mile. None of the the runners were concerned about their time as they headed up the next hill going into the third mile. Thwala, the favorite of the race, was no longer with the front group and had dropped out as they went by his school's van. You could tell there was a look of victory in the eyes of four or five runners up front as the lead did change several times in the next mile and half. Coming up out of the ravine James Green of San Jose was the leader over Tom Davies of Butte with about 800 meters to go. The slipperiest part of the course was the last 800 meters with several turns and some short hills. It was Tom Davies of Butte that wanted the victory the most as he closed the gap on James Green and put two seconds between him.

Monterey was fired up and easily won the team title with 2-5-15-19-21 in the overall race. It was a great victory for Dave Stern's team and a tough loss for Bill Campbell's West Valley team to overcome. The team that won were definitely MUDDERS. There must have been a pound of mud on the back of every runner's jersey. The long legged runner was at a disadvantage, but it was all the same for every runner.

The Small Schools made a great start entering into the one race Championship with Monterey 1st, Shasta 3rd and Sierra tied for 6th. We may have wasted MANY MANY HOURS debating over the format of championship meets. I just don't think the runners cared one bit if they were running against a Div. I or Div. II opponent. They all looked the same -- mud from head to toe!

CONGRATULATIONS TO ALL THE WINNERS AND EVERYONE WHO WAS ABLE TO FINISH THE RACE AND BEST OF LUCK AT THE STATE MEET IN FRESNO.

Also, thanks to Bob Rush for conducting a fine meet under such adverse conditions.

(Commentary by Bob Fries, State Meet Director)

WOMEN

NORTHERN CALIFORNIA CROSS COUNTRY CHAMPIONSHIPS

Crystal Springs: 2.9 Miles,

Nov. 10, 1984

Weather: Rain, course slick, windy

Team Scores:	1st	FOOTHILL.....	39 pts.	6th	Yuba.....	146 pts
	2nd	West Valley..	83 pts	7th	Monterey...	147 pts
	3rd	American Riv.	118 pts	8th	Hartnell...	183 pts
	4th	Santa Rosa..	119 pts	9th	Shasta.....	188 pts
	5th	Sequoias....	120 pts	10th	Lassen.....	281

Place	Name	College	Time	Place	Name	College	Time
1	Hawkins, Leslie	MPC	17:29	46	Karanfel, Heidi	WVC	20:17
2	Kendrick, Anne	Foot	17:43	47	Beedie, Pam	ARC	20:18
3	McAfee, Stacey	Sie	18:00	48	Bungo, Kelly	Foot	20:19
4	Mantynen, Linda	Foot	18:12	49	Banner, Liz	SRJC	20:22
5	Lopez, Maria	Hart	18:13	50	Stanley, Donna	Yuba	20:28
6	Dunlap, Shelly	SCC	18:14	51	Rued, Heidi	SRJC	20:29
7	Macke, Peggy	ARC	18:18	52	Carter, Kim	Men	20:30
8	Schlumpberger, Jill	DAC	18:23	53	Peras, Livia	WVC	20:34
9	Rasmussen, Julie	Delta	18:23	54	Elias, Victoria	COS	20:35
10	Hansen, Susie	WVC	18:30	55	Baca, Liza	Yuba	20:37
11	VanHorn, Julie	SCC	18:33	56	Morend, Jessie	SRJC	20:39
12	Medina, Rosa	FCC	18:35	57	Warren, Teresa	COS	20:42
13	Saleme, Cecilia	DAC	18:37	58	Pickering, Sandi	ARC	20:46
14	Bryan, Sue	Foot	18:39	59	Lopez, Kristi	Yuba	20:52
15	Galvin, Kim	SCC	18:40	60	Campbell, Lisa	MPC	20:54
16	Jungswith, Cindy	COS	18:42	61	Sancez, Robin	ARC	21:05
17	Halford, Carla	WVC	18:43	62	Mendez, Monica	SIE	21:15
18	Quad, Sue	Cha	18:47	63	Schreder, Sabrina	SHA	21:18
19	Dewey, DeeDee	SRJC	18:49	64	Niepoort, Birgitta	Men	21:23
20	Opp, Sheri	SJCC	18:56	65	Molitor, Nancy	ARC	21:27
21	Rezowalli,, Heather	Foot	19:00	66	Beltran, Carmen	Port	21:35
22	Canales, Jill	COS	19:05	67	Rathbun, Mary	SHA	21:36
23	Virga, Shari	ARC	19:09	68	Carlson, Deann	COS	21:48
24	Lofranco, Christine	WVC	19:11	69	Gysin, Adele	LASS	21:52
25	Ferrari, Carol	SRJC	19:16	70	Roles, Lupe	COS	22:00
26	Way, Bonnie	Sie	19:19	71	Musante, LESlie	SRJC	22:07
27	VanZant, Becki	Foot	19:21	72	Salorio, Mary	Hart	22:17
28	Fant, Sheryl	Foot	19:26	73	Payne, Karen	LASS	22:25
29	Martin, Donna	SHA	19:32	74	Drasa, Dianne	MPC	22:33
30	Thomas, Colleen	MPC	19:39	75	Sexton, Barbara	MPC	22:42
31	Bushling, Laurie	Yuba	19:41	76	Dixon, Dena	LASS	22:57
32	Kennelley, Clea	COS	19:43	77	Haas, N. J.	MPC	23:11
33	Stanley, Karen	Yuba	19:49	78	Schrededer, Elona	Men	23:21
34	Hamilton, Kathy	DAC	19:53	79	Lasiter, Susan	LASS	23:43
35	Wilkinson, Trish	Hart	19:58	80	Fantazia, Richelle	MC	24:21
36	Summers, Donna	SRJC	19:59	81	Weskamp, Marcy	MC	24:41
37	Williamson, Maureen	WVC	20:00	82	Cunha, Sharon	Hart	24:46
38	Conway, Pati	ARC	20:01	83	Maclennan, Tracy	MC	26:19
39	Lopez, Connie	Delta	20:05	84	DeHaven, Kathryn	LASS	29:36
40	Moran, Michelle	Men	20:07	85			
41	Lindley, Jill	Sha	20:08	86			
42	Nozares, Anita	MPC	20:09	87			
43	Plutchak, Julie	WVC	20:11	88			
44	Galarneau, Nancy	MC	20:11	89			
45	Walker, Jackie	Yuba	20:16	90			